

Home and Community Based Waivers - 2026

Individuals who are elderly and/or disabled may qualify for home and community-based services through one of these waiver programs. These services are to protect the health, safety, and dignity of those individuals who are at risk of institutional care and will allow them to receive full Medicaid coverage in addition to the services provided by the specific waiver in the community setting. Individuals who are disabled may first apply for SSI or disability benefits through the Social Security Administration to determine if they meet disability requirements. Aged or disabled individuals must meet the specific eligibility requirements for each waiver listed below to receive the waiver services.

Elderly and Disabled (E&D) Waiver Program – Individuals who are elderly and/or disabled may apply for this program.

Financial Eligibility: The income limit is \$2,982 per month. The resource limit is \$2,000 as of the first day of each month.

Level of Care: The individual must meet the nursing facility level of care.

Services: Case management, homemaker services, personal care respite care (skilled and unskilled), adult day health, adult companion services home delivered meals, medical supplies, skilled nursing, pest control, personal emergency response system (installation and monthly), and home modifications.

Contact: Contact the Alabama Department of Senior Services at 1-800-243-5463 to apply for this waiver.

State of Alabama Independent Living Waiver (SAIL) Program – Individuals who are at least 18 years of age, with specific medical diagnoses, who meet the criteria for Medicaid coverage in a nursing home but prefer to remain at home, may be eligible for full Medicaid coverage through the State of Alabama Independent Living Waiver program. Specific medical diagnoses include, but are not limited to: Quadriplegia, Traumatic Brain Injury, Amyotrophic Lateral Sclerosis, Multiple Sclerosis, Spinal Muscular Atrophy, Muscular Dystrophy, Severe Cerebral Palsy, Stroke and other substantial neurological impairments, severely debilitating diseases, or rare genetic diseases.

Financial Eligibility: The income limit is \$2,982 per month. The resource limit is \$2,000 as of the first day of each month.

Level of Care: The individual must meet the nursing facility level of care.

Services: Case management, personal care services, environmental accessibility adaptations, personal emergency response system (installation and monthly), medical supplies, minor assistive technology, assistive technology, assistive technology repairs, evaluations for assistive technology, personal assistance services, and pest control.

Contact: Contact the Department of Rehabilitation Services at 1-844-602-7245 to apply for this waiver.

Intellectual Disabilities (ID) Waiver for Persons with Intellectual Disabilities – This waiver will serve individuals who are diagnosed as intellectually disabled (and are age three and above). These individuals must meet the income, resource, disability or age, and medical criteria for an institutional

care facility for the intellectually disabled. These individuals receive Medicaid coverage in the community and would not be placed in an institution.

Financial Eligibility: The income limit is \$2,982 per month. The resource limit is \$2,000 as of the first day of each month.

Level of Care: The individual must meet the Intermediate Care Facility/ Individuals with Intellectual Disabilities (ICF/IID) level of care inclusive of an I.Q. test score of 72 and below, a diagnosis of Intellectual Disabilities with an age of onset prior to 22, and significant functional limitations in three of six areas of life activities (self-care, receptive and expressive language, learning, mobility, self-direction, and capacity for independent living).

Services: Residential habilitation – group home/other, day habilitation, day habilitation with transportation, community day habilitation, community day habilitation with transportation, prevocational, supported employment, occupational therapy, speech and language therapy, physical therapy, positive behavior supports, adult companion, in-home respite care, out-of-home respite care, personal care, personal care transportation, environmental accessibility adaptations, assistive technology, remote supports, specialized medical supplies, skilled nursing, community experience, supported living, individual directed goods and services, personal emergency response system, housing stabilization, benefits and career counseling, and crisis intervention.

Contact: Contact the Department of Mental Health Call Center at 1-800-361-4491 to apply for this waiver.

Technology Assisted (TA) Waiver for Adults Program – The purpose of the Technology Assisted (TA) Waiver for Adults is to provide home and community-based services to individuals who are 21 years of age or older with complex skilled medical conditions. These individuals have a medical history of being ventilator-dependent or have a tracheostomy. The TA Waiver is a community-based alternative for these adults who would otherwise require the nursing facility level of care if the TA Waiver services were not available.

Financial Eligibility: The income limit is \$2,982 per month. The resource limit is \$2,000 as of the first day of each month.

Level of Care: The individual must meet the criteria for nursing facility level of care.

Services: Private duty nursing, personal care/attendant services, medical supplies, assistive technology, and pest control.

Contact: Contact the Department of Senior Services at 1-877-428-2243 to apply for this waiver.

Living at Home (LAH) Waiver for Persons with Intellectual Disabilities – This waiver will serve individuals who are diagnosed as intellectually disabled (and are age three and above). These individuals must meet the income, resource, disability or age, and medical criteria for an institutional care facility for the intellectually disabled. These individuals would receive Medicaid coverage in the community and not be placed in an institution.

Financial Eligibility: You must meet the financial requirement and be eligible for one of the following groups: SSI recipients, SSI-related protected groups deemed to be eligible for SSI/Medicaid, Low Income Families with Children, and Federal or State Adoption Subsidy Individuals.

Level of Care: The individual must meet the Intermediate Care Facility/Individuals with Intellectual Disabilities (ICF/IID) level of care inclusive of an I.Q. test score of 72 and below, a diagnosis of Intellectual Disabilities with an age of onset prior to 22, and significant functional limitations in three of six areas of life activities (self-care, receptive and expressive language, learning, mobility, self-direction, and capacity for independent living).

Services: Day habilitation, day habilitation with transportation, community day habilitation, community day habilitation with transportation, personal care, personal care transportation, adult companion, in-home respite care, out-of-home respite care, prevocational, occupational therapy, physical therapy, skilled nursing, positive behavior supports, assistive technology, remote supports, environmental accessibility adaptation, specialized medical supplies, supported employment, speech and language therapy, individual directed goods and services, benefits and career counseling, community experience, housing stabilization, assistance in community integration, personal emergency response system, and crisis intervention.

Contact: Contact the Department of Mental Health Call Center at 1-800-361-4491 to apply for this waiver.

Alabama Community Transition (ACT) Waiver – The waiver will serve individuals with disabilities or long-term care illnesses who currently reside in an institution and who desire to transition to the home or community setting

Financial Eligibility: The income limit is \$2,982 per month. The resource limit is \$2,000 as of the first day of each month.

Level of Care: The Individual must meet criteria for nursing facility level of care

Services: Case management, transitional assistance, personal care, homemaker, adult day health, home delivered meals, skilled/unskilled respite, skilled nursing, adult companion, home modifications, assistive technology, personal emergency response systems, medical equipment, supplies and appliances, pest control.

Contact: Contact the Department of Senior Services at 1-877-425-2243 to apply for this waiver.

Community Waiver Program (CWP) – This waiver will serve individuals who are diagnosed as intellectually disabled (and are age three and above). These individuals must meet the income, resource, disability or age, and medical criteria for an institutional care facility for the intellectually disabled. These individuals receive Medicaid coverage in the community and would not be placed in an institution.

Financial Eligibility: The income limit is \$2,982 per month. The resource limit is \$2,000 as of the first day of each month for groups one through four. Group five income limit is at or below 150% of the Federal Poverty Level (FPL) with an earned income disregard between 150% FPL and 250% FPL with no resource test.

Level of Care: The individual must meet the Intermediate Care Facility/ Individuals with Intellectual Disabilities (ICF/IID) level of care requirements inclusive of an I.Q. test score of below 70, a diagnosis of Intellectual Disabilities with an age of onset prior to 18 and significant functional limitations in three of six areas of life activities (self-care, receptive and expressive language, learning, mobility, self-direction, and capacity for independent living).

The Community Waiver Program (CWP) offers services to persons with intellectual disabilities in five enrollment groups, based on age and relative independence, each with a set of services designed particularly to serve them:

1. Children (ages 3-13) with intellectual disabilities who live with family or other natural supports
2. Transition-age youth with intellectual disabilities who (ages 14-22) live with family or other natural supports or who (ages 18-22) live independently
3. Working age or older adults (ages 22+) with intellectual disabilities who live with family or other natural supports or who live independently
4. Individuals (ages 3+) with intellectual disabilities who are unable to live with family or other natural supports or to live independently
5. Individuals with intellectual disabilities, ages 22 and older, who have a minimum of one substantial functional limitation

Services: Community-based residential, support coordination, employment, co-worker supports, personal assistance for home and community, independent living skills training, skilled nursing, occupational therapy, speech and language therapy, physical therapy, minor home modifications, individual directed goods and services, housing start-up assistance, housing counseling, supported living (non-intensive), remote supports, assistive technology and adaptive aids, financial literacy and work incentive benefit counseling, peer specialist, natural support or caregiver education and training, family empowerment/systems navigation counseling, respite care, positive behavior supports, community transportation (non-emergency), and community integration connections and skills training.

Contact: Contact the Alabama Department of Mental Health Call Center at 1-800-361-4491 to apply for this waiver.