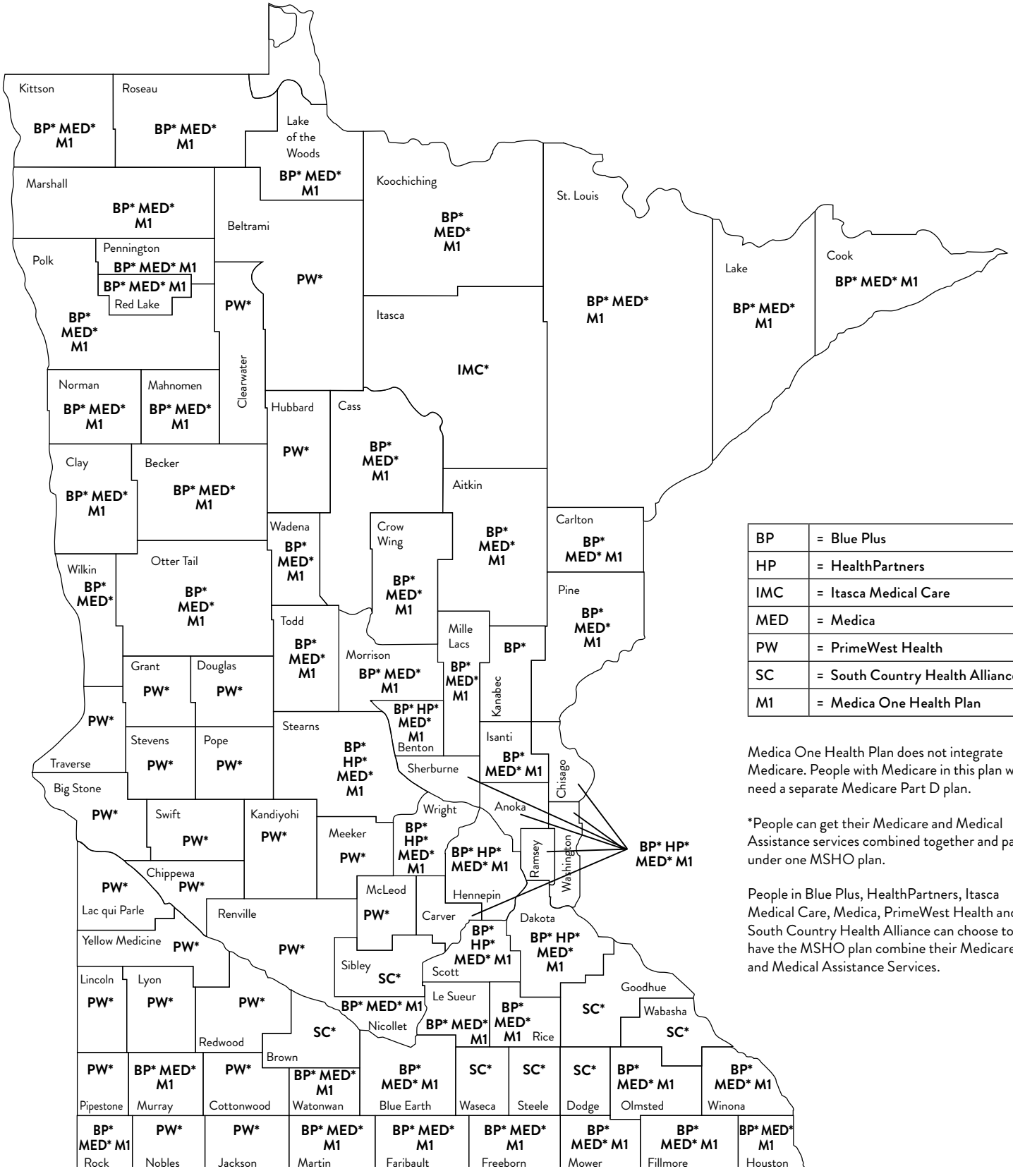
DEPARTMENT OF HUMAN SERVICES

Minnesota Senior Health Options (MSHO) and Minnesota Senior Care Plus (MSC+)

Health Plan Choices by County

Effective January 1, 2027 - December 31, 2027



BP	= Blue Plus
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IMC	= Itasca Medical Care
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DHS-4840 January 1, 2027 - December 31, 2027

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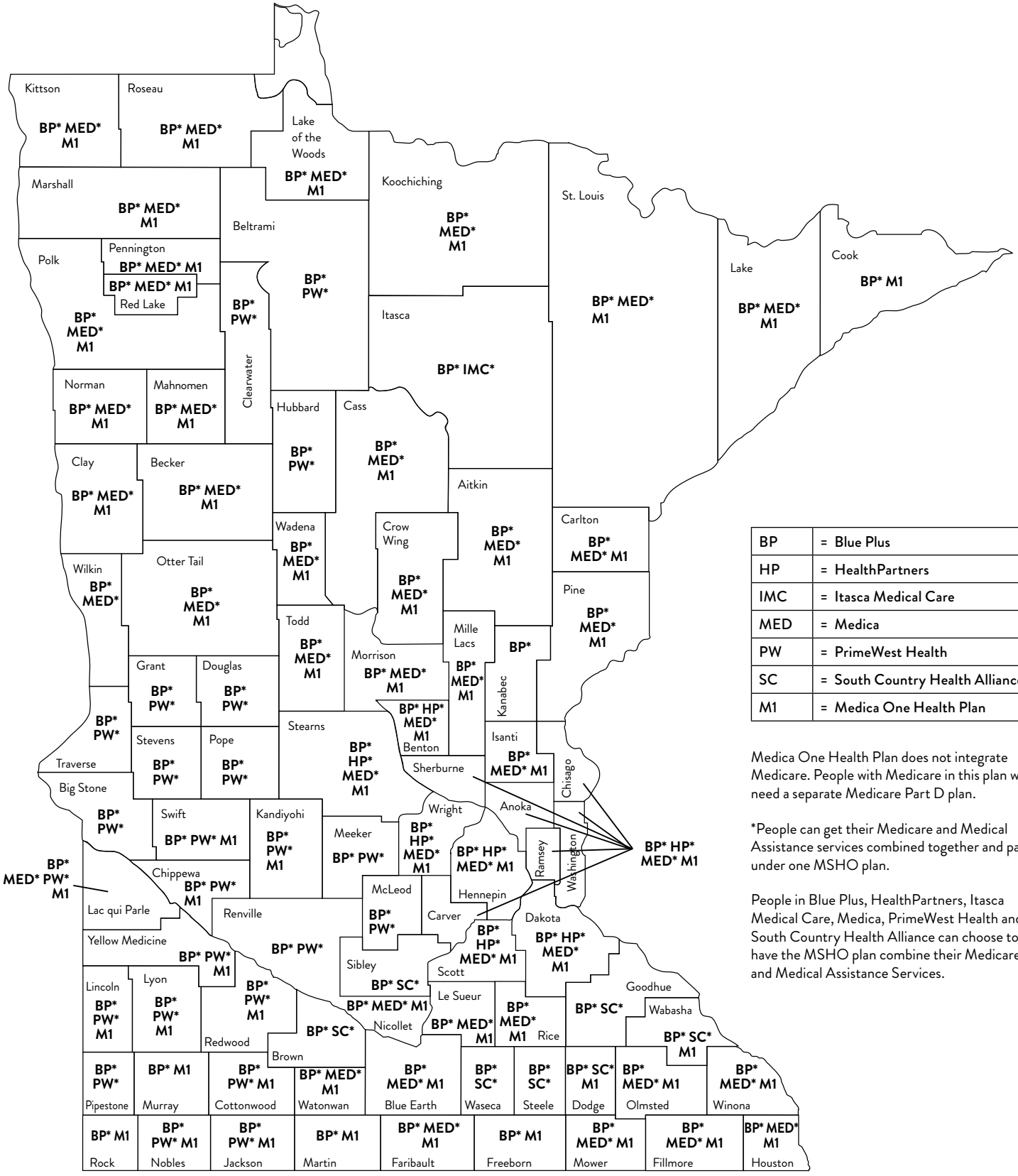
Aitkin County, 3 choices, Blue Plus*, Medica*, Medica One Health Plan
Anoka County, 4 choices, Blue Plus*, HealthPartners*, Medica*, Medica One Health Plan
Becker County, 3 choices, Blue Plus*, Medica*, Medica One Health Plan
Beltrami County, 1 choice, PrimeWest Health*
Benton County, 4 choices, Blue Plus*, HealthPartners*, Medica*, Medica One Health Plan
Big Stone County, 1 choice, PrimeWest Health*
Blue Earth County, 3 choices, Blue Plus*, Medica*, Medica One Health Plan
Brown County, 1 choice, South Country Health Alliance*
Carlton County, 3 choices, Blue Plus*, Medica*, Medica One Health Plan
Carver County, 4 choices, Blue Plus*, HealthPartners*, Medica*, Medica One Health Plan
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Chippewa County, 1 choices, PrimeWest Health*
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Clay County, 3 choices, Blue Plus*, Medica*, Medica One Health Plan
Clearwater County, 1 choice, PrimeWest Health*
Cook County, 3 choices, BluePlus*, Medica*, Medica One Health Plan
Cottonwood County, 1 choice, PrimeWest Health*
Crow Wing County, 3 choices, Blue Plus*, Medica*, Medica One Health Plan
Dakota County, 4 choices, Blue Plus*, HealthPartners*, Medica*, Medica One Health Plan
Dodge County, 1 choice, South Country Health Alliance*
Douglas County, 1 choice, PrimeWest Health*
Faribault County, 3 choices, Blue Plus*, Medica*, Medica One Health Plan
Fillmore County, 3 choices, Blue Plus*, Medica*, Medica One Health Plan
Freeborn County, 3 choices, Blue Plus*, Medica*, Medica One Health Plan
Goodhue County, 1 choice, South Country Health Alliance*
Grant County, 1 choice, PrimeWest Health*
Hennepin County, 4 choices, Blue Plus*, HealthPartners*, Medica*, Medica One Health Plan
Houston County, 3 choices, Blue Plus*, Medica*, Medica One Health Plan
Hubbard County, 1 choice, PrimeWest Health*
Isanti County, 3 choices, Blue Plus*, Medica*, Medica One Health Plan
Itasca County, 1 choice, Itasca Medical Care*
Jackson County, 1 choice, PrimeWest Health*
Kanabec County, 1 choice, Blue Plus*
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Lake of the Woods County, 3 choices, Blue Plus*, Medica*, Medica One Health Plan
Le Sueur County, 3 choices, Blue Plus*, Medica*, Medica One Health Plan
Lincoln County, 1 choice, PrimeWest Health*
Lyon County, 1 choice, PrimeWest Health*
McLeod County, 1 choice, PrimeWest Health*
Mahnomen County, 3 choices, Blue Plus*, Medica*, Medica One Health Plan
Marshall County, 3 choices, Blue Plus*, Medica*, Medica One Health Plan
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Waseca County, 1 choice, South Country Health Alliance*
Washington County, 4 choices, Blue Plus*, HealthPartners*, Medica*, Medica One Health Plan
Watonwan County, 3 choices, Blue Plus*, Medica*, Medica One Health Plan
Wilkin County, 2 choices, Blue Plus*, Medica*
Winona County, 3 choices, Blue Plus*, Medica*, Medica One Health Plan
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Yellow Medicine County, 1 choice, PrimeWest Health*

DEPARTMENT OF HUMAN SERVICES

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DHS-4840 Effective October 1, 2026 - December 31, 2026

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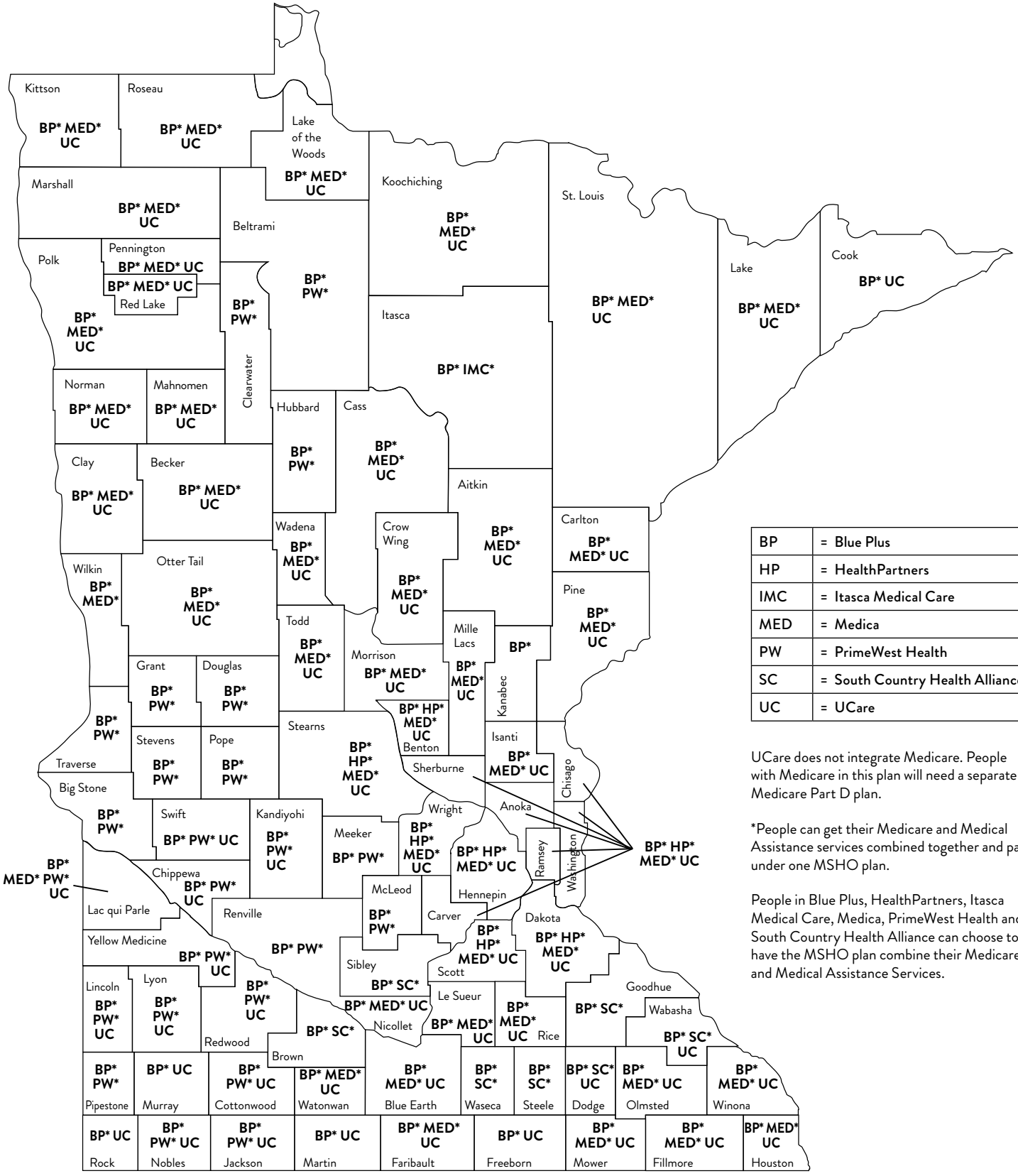
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Watonwan County, 3 choices, Blue Plus*, Medica*, Medica One Health Plan
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Winona County, 3 choices, Blue Plus*, Medica*, Medica One Health Plan
Wright County, 4 choices, Blue Plus*, HealthPartners*, Medica*, Medica One Health Plan
Yellow Medicine County, 3 choices, Blue Plus*, PrimeWest Health*, Medica One Health Plan

DEPARTMENT OF HUMAN SERVICES

Minnesota Senior Health Options (MSHO) and Minnesota Senior Care Plus (MSC+)

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NO ENGLISH ☎ 651-297-3862 or 800-657-3672

TRS: 711

ATTENTION: If you speak English, free language assistance services are available to you free of charge and without unnecessary delay. Additionally, appropriate auxiliary aids and services to provide information in accessible formats are available free of charge and in a timely manner. Please call the number above or speak to your provider. English

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تنبيه: نقدم لمتحدثي اللغة العربية خدمات مساعدة لغوية مجانية وفورية، بالإضافة إلى وسائل وخدمات مساعدة مناسبة، وبصيغة معلومات سهلة بدون تكلفة وبشكل سريع. يرجى التواصل على الرقم الموضح أعلاه أو مراجعة مقدم الخدمة المباشرة. Arabic

মনোযোগ: আপনি যদি বাংলায় কথা বলেন, তাহলে আপনার জন্য ভাষা সহায়তা পরিষেবা বিনামূল্যে এবং অপ্রয়োজনীয় বিলম্ব ছাড়াই পাওয়া যায়। এছাড়াও, একটি সহজলভ্য ফর্ম্যাটে তথ্য প্রদানের জন্য উপযুক্ত সহায়ক সরঞ্জাম এবং পরিষেবা বিনামূল্যে এবং সময়োপযোগীভাবে পাওয়া যায়। উপরের নম্বরে কল করুন অথবা আপনার প্রোভাইডারের সাথে কথা বলুন। Bengali

သတိပြုရန် – အကယ်၍ သင်သည် မြန်မာဘာသာစကား ပြောဆိုသူဖြစ်လျှင် အခမဲ့ ဘာသာစကားဆိုင်ရာ ပံ့ပိုးထောက်ပံ့ပေးမှု ဝန်ဆောင်မှုများအား မလိုအပ်သည့် နှောင့်နှေးကြန့်ကြာမှုများ မရှိစေဘဲ သင် အခမဲ့ ရရှိနိုင်မည် ဖြစ်သည်။ ထို့ပြင် အချက်အလက်များအား အလွယ်တကူ ဝင်ရောက်ရယူနိုင်စေသော ဖောမတ်ပုံစံများဖြင့် ထောက်ပံ့ပေးထားသည့် သက်ဆိုင်ရာ ဖြည့်စွက် ထောက်ပံ့မှုများနှင့် ဝန်ဆောင်မှုများကိုလည်း အခမဲ့၊ အချိန်မီ ရရှိနိုင်စေရန် စီမံပေးထားပါသည်။ ကျေးဇူးပြုပြီး အထက်ဖော်ပြပါ ဖုန်းနံပါတ်သို့ ခေါ်ဆိုပါ သို့မဟုတ် သင်၏ ထောက်ပံ့သူဖြင့် ပြောဆိုဆွေးနွေးပါ။ မြန်မာဘာသာစကား Burmese

យកចិត្តទុកដាក់៖ ប្រសិនបើអ្នកនិយាយភាសាខ្មែរ (ខ្មែរ)
សេវាកម្មជំនួយភាសាឥតគិតថ្លៃមានផ្តល់ជូនអ្នកដោយមិនគិតថ្លៃ និងដោយគ្មានការពន្យារពេលមិនចាំបាច់ឡើយ។
លើសពីនេះ ជំនួយ និងសេវាកម្មដែលសមស្របក្នុងការផ្តល់ព័ត៌មានក្នុងទម្រង់ដែលអាចប្តូរប្រើ
បានគឺអាចរកបានដោយឥតគិតថ្លៃ និងទាន់ពេលវេលា។ សូមហៅទូរសព្ទទៅលេខខាងលើ
ឬនិយាយជាមួយអ្នកផ្តល់សេវារបស់អ្នក។ ភាសាខ្មែរ (ខ្មែរ) Cambodian (Khmer)

注意：如果您說簡體中文，您可以免費獲得語言協助服務，且不會有不必要的延誤。此外，還能免費及時獲取以無障礙格式提供資訊的適當輔助工具和服務。請撥打上面的電話號碼，或與您的服務提供商溝通。
Cantonese (Traditional Chinese)

Á, DÉ YAWÁ PO! Dakhód’iyaye héčiŋhaŋ, iyápi-wóokiye išíčhona yaŋké. Ka nakúŋ wanáȟ’uŋpi-wóokiye išíčhona yaŋké. Héčhed wónaȟ’uŋ kiŋ iyóhiphiča dó. Wóokiye kiŋ dená išíčhona ičúphiča naháŋ yuthéhaŋšniyaŋ ičúphiča dó. Wičhóiye kiŋ dená iwáŋkab, wóiyawa waŋ yaŋké kiŋ mas’ákiphapi na wóokiye-wičháša kičhí wóhdaka po. Dakota

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PAUNAWA: Kung nagsasalita ka ng Filipino, ang mga libreng serbisyo ng tulong sa wika ay magagamit sa iyo nang walang bayad at walang hindi kinakailangang pagkaantala. may mga angkop na pantulong na kagamitan at serbisyo upang maibigay ang impormasyon sa naaangkop na anyo, nang libre at sa tamang oras. Mangyaring tawagan ang numero sa itaas o makipag-usap sa iyong provider. Filipino

ATTENTION: Si vous parlez français, des services d'assistance linguistique gratuits sont à votre disposition, sans frais et sans délai. En outre, des aides et services auxiliaires appropriés pouvant fournir des informations dans des formats accessibles sont disponibles gratuitement et rapidement. Veuillez appeler le numéro ci-dessus ou contacter votre fournisseur. French

સાવધાન: જો તમે ગુજરાતી બોલો છો, તો ભાષા સહાયની મફત સેવાઓ તમારા માટે નિ:શુલ્ક અને બિનજરૂરી વિલંબ વગર ઉપલબ્ધ છે. વધુમાં, સુલભ પ્રારૂપમાં માહિતી પ્રદાન કરવા માટે યોગ્ય સહાયક મદદ અને સેવાઓ નિ:શુલ્ક અને સમયસર ઉપલબ્ધ છે. કૃપા કરીને ઉપરના નંબર પર કૉલ કરો અથવા તમારા પ્રદાતા સાથે વાત કરો. Gujarati

ध्यान दें: यदि आप हिंदी बोलते हैं, तो आपके लिए निःशुल्क भाषा सहायता सेवाएँ निःशुल्क और बिना किसी अनावश्यक देरी के उपलब्ध हैं। इसके अतिरिक्त, सुलभ प्रारूपों में जानकारी प्रदान करने के लिए उपयुक्त सहायक साधन और सेवाएँ निःशुल्क और समय पर उपलब्ध हैं। कृपया ऊपर दिए गए नंबर पर कॉल करें या अपने प्रदाता से बात करें। Hindi

CEEB TOOM: Yog koj hais lus Hmoob, muaj kev pab txhais lus dawb rau koj siv. Koj tsis tas them nqi thiab yuav tsis qeeb. Kuj muaj cuab yeej thiab kev pab los pab koj nyeem cov ntaub ntawv kom yooj yim nkag siab. Koj hu tau rau tus xov tooj saum toj no lossis nrog koj tus kws kho mob tham. Hmong

ဟ်သူဉ်ဟ်သး– နမ့်ကတိၤကညီကျိာ်အဃိ, နမၤန့်ၣ် ကျိာ်တၢ်ဆီဉ်ထွဲမၤစၢၤ လၢတလာ်ဘူဉ်လာ်စ့ၤ ဒီးတအိဉ်ဒီး တၢ်မၤယံာ်မၤနှိၣ်သးဘဉ်နၣ်လီၤ. အါန့်အနၣ်, တၢ်အိဉ်စ့ၢ်ကီးဒီး တၢ်မၤစၢၤတၢ်နၢ်ဟူဒီး တၢ်မၤစၢၤတၢ်မၤတဖဉ် လၢကဟ့ဉ်တၢ်ဂ့ၢ်တၢ်ကျိၤ လၢပှၤအါဂၤနၢ်ပၢၢ်အီၤသ့ လၢတအိဉ်ဒီးအဘူးအလဲ ဒီးချူးဆၢချူးကတြၢ်နၣ်လီၤ. ဝံသးစူၤ ကိးနိဉ်ဂံၢ်လၢထး မ့တမ့်ၢ် တဲသကိးတၢ်ဒီး ပှၤလၢအဟ့ဉ်နၤတၢ်မၤစၢၤ တက့ၢ်. ကညီကျိာ် Karen

안내: 한국어를 사용하시는 분께는 언어 지원 서비스를 무료로, 지체 없이 제공해 드립니다. 또한, 정보 접근성을 위한 적절한 보조 기구 및 서비스가 무료로, 시의적절하게 제공됩니다. 위에 ليكدارى: ئەگەر تۆ بە زمانى كو ﻭﺭﺩ ﻳﺴﯚﺭانى قسە دەكەيت، ئەوا خزمەتگوزارى هاوكارىى زمان بە بێبەرامبەر و بەبێ دواكەوتنى ناپێویست لەبەردەستتدایە. جگە لەوەش، هاوكارى و خزمەتگوزارییە یارمەتیدەرە گونجاوەكان بۆ دابینكردنى زانیارى بە شێوەى گونجاو بەبێ بەرامبەر و هاوكات بەردەستن. تكایە پەیوەندى بەو ژمارەیە ﻳﺴﺮﻭﻩ بكە یان لەگەڵ دابینكەرەكەتدا قسە بكەن.
كوردى سۆرانى Kurdish Sorani

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BALDARÎ: Heke hûn bi Kurdîya Kurmancî diaxivin, xizmetên alîkarîya ziman bêpere û bêyî derengmayîneke nehewce ji we re peyda dibin. Her wiha, hevkariyên guncaw û karûbarên alîkar bêpere û di heman demê de ji bo dabînkirina agahdariya guncaw hene. Ji kerema xwe bi jimareya jorîn re telefon bikin an jî bi dabînkerê xwe re biaxivin. Kurdish Kurmanji

Á, LÉ YAWÁ PO! Lakȟól'iyaye héči, iyápi-wóokiye išíčhola yaŋké. Naháŋ nakúŋ wanáȟ'uŋpi-wóokiye išíčhola yaŋké. Héčhel wónaȟ'uŋ kiŋ iyóhiphiča yeló. Wóokiye kiŋ lená išíčhola ičúphiča naháŋ yutȟéhaŋšniyaŋ ičúphiča yeló. Wičhóiye kiŋ lená iwáŋkab, wóiyawa waŋ yaŋké kiŋ mas'ákipȟapi na wóokiye-wičháša kičhí wóglaka po. Lakota

ໝາຍເຫດ: ຖ້າທ່ານເວົ້າພາສາລາວ, ທ່ານຈະໄດ້ຮັບບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາໂດຍບໍ່ເສຍຄ່າ ແລະ ບໍ່ມີການຊັກຊ້າທີ່ບໍ່ຈຳເປັນ. ນອກຈາກນັ້ນ, ເຄື່ອງມືຊ່ວຍເຫຼືອແລະ ບໍລິການເສີມທີ່ເໝາະສົມເພື່ອໃຫ້ຂໍ້ມູນໃນຮູບແບບທີ່ເຂົ້າເຖິງໄດ້ໂດຍບໍ່ເສຍຄ່າໃຊ້ຈ່າຍ ແລະ ທັນເວລາ. ກະລຸນາໂທຫາເບີໂທລະສັບຂ້າງເທິງ ຫຼື ສົນທະນາກັບຜູ້ໃຫ້ບໍລິການຂອງທ່ານ. Lao

注意：如果您说简体中文，您可以免费获得语言协助服务，且不会有不必要的延误。此外，还能免费及时获取以无障碍格式提供信息的适当辅助工具和服务。请拨打上面的电话号码，或与您的服务提供商沟通。 Mandarin (Simplified Chinese)

PALƐ RƆ PINY: Mi ruaci kɛ thok Nuärä, luäk mi lɔr kɛ kuic thuok kɛnɛ lät tin jiëkɛ tëë thin baaŋ a thiɛl mi yuɔr kɛ piny kä thiɛlɛ mi gaal jɛ. Min dëë nyɔk kɛ mat thin, ɛ luäk mi dɔdiɛn kɛnɛ lät tin kɔkiɛn tin nöön kɛ läri kɛ duɔp min jiëkɛ kɛɛ tëë kɛ thin baaŋ thilɛ mi yuɔrkɛ piny kɛ kuicdiɛn kɛ guath mi gɔa. Mi nhɔk i jɛ yɔtni nämbär ɛmɔ tëë nhial ɔ ikä kiɛ ruacni kɛ ram min luäkdu. Nuer

MAH BIZ'SIN'DAN: Keesh'pin, keen Ojibwe'mo, kaa'ween ina'gin'de wiiji'kaa'kii'ki'do miina'waa ke'nebe-naa'ta'maw chi'nis'too'ta'man noon'goom. Da'kon'an, wee'chi'ma'zinaa'beke'webene'kan'an ozhe'che'kan miina'waa kinah ozhee'bee'geh ma'zenah'egan'an kaa'ween ina'gin'de miina'waa da'daa'ta'be'bee'an. Da'gah'na'sa ka'noozh aseh'ge'beh'egan ish'peh'meng ge'maa kee'kidoon wii'doo'kaa'geh. Ojibwe

HUBADHAA: Yoo Afaan Oromoo dubbattu ta'e, tajaajila gargaarsa turjumaana afaanii biliisaan akkasumas turtii barbaachisaa hin taane hambisu danda'u isiniif dhihaatee jira. Dabalataanis, odeeffannoo haala salphaan argamuu danda'an dhiyeessuuf gargaarsa fi tajaajiloota deeggarsaa qama midhamtootaaf mijatoo ta'an, kaffaltii tokko malee fi yeroo isaa eeggatee kennamu dhihaatee jira. Odeeffanno dabalataaf lakkoofsa armaan oliitti fayyadamuun namoota gargaarsa kana isiniif kennan qunnamaa. Oromo

ATENÇÃO: Se fala português, tem à sua disposição serviços de assistência linguística gratuitos e sem demoras desnecessárias. Além disso, estão disponíveis, gratuitamente e numa forma atempada, ajudas e serviços auxiliares adequados para fornecer informações em formatos acessíveis. Por favor, contacte o número acima ou fale com o seu prestador de serviços. Portuguese

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ВНИМАНИЕ: Если вы разговариваете на русском языке, воспользуйтесь услугами языковой поддержки бесплатно и без лишних проволочек. Также бесплатно и незамедлительно предоставляются соответствующие вспомогательные средства и услуги по обеспечению информацией в доступных форматах. Позвоните по указанному выше номеру или обратитесь к своему поставщику услуг. Russian

PAŽNJA: Ako govorite srpski, besplatne usluge jezičke pomoći su vam dostupne besplatno i bez nepotrebnog odlaganja. Pored toga, odgovarajuća pomoćna sredstva i usluge za pružanje informacija u pristupačnim formatima dostupne su besplatno i blagovremeno. Molimo vas da pozovete gore navedeni broj ili razgovarate sa vašim pružateljem usluga. Serbian

FIIRO GAAR AH: Haddii aad ku hadasho Soomaali, waxaa si bilaash ah kuugu diyaar ah adeegyada caawinada luuqadeed oo aan lahayn daahitaan aan munaasib ahayn. Intaas waxaa dheer, waxaa la heli karaa adeegyada iyo kaabitaanka naafada ee haboon si macluumaadka loogu bixiyo qaabab la adeegsan karo oo bilaash ah laguna bixinayo waqqigeeda. Fadlan wac lambarka kore ama la hadal adeegbixiyahaaga. Somali

ATENCIÓN: si habla español, tiene a su disposición los servicios gratuitos de traducción sin costo alguno y sin demoras innecesarias. Además, se encuentran disponibles de forma gratuita y oportuna ayuda y servicios auxiliares adecuados con el fin de brindarle información en formatos accesibles. Llame al número indicado anteriormente o hable con su proveedor. Spanish

ZINGATIO: Ikiwa unazungumza Kiswahili, huduma za msaada wa lugha zinapatikana kwa ajili yako bila malipo na bila ucheleweshaji usio wa lazima. Aidha, vifaa saidizi vya mawasiliano na huduma kwa walemavu ili kutoa habari katika miundo inayofikika zinapatikana bila malipo na kwa wakati. Tafadhali piga simu kwa namba ya hapo juu au zungumza na mtoa huduma wako. Swahili

መተሓሳስቢ:- ትግርኛ ተዛራቢ እንተኾይኖም ፤ ናጻ ናይ ቋንቋ ሓገዝ ግልጋሎታት ብዘይምድንጓይ ምርካብ ይኽእሉ እዮም። ብተወሳኺ ሓበሬታ ብቐሊሉ ምርካብ ብዝከኣል ቅርጽታት ንምቕራብ ፤ ግቡእ ናይ ምስማዕ ሓገዝን ግልጋሎታትን ካብ ክፍሊት ናጻ ብዝኾነን ግዚኡ ብዝሓለወን መልክዑ ይርከቡ። በይዝኣም ኣብ ላዕሊ ናብ ዘሎ ቑጽሪ ይደውሉ ወይድማ መቕረቢኡም የዘራርቡ። Tigrinya

УВАГА: Якщо ви розмовляєте українською мовою, ви можете скористатися послугами мовної підтримки безкоштовно та без зайвих зволікань. Ви також можете безкоштовно та оперативно отримати відповідні допоміжні засоби та послуги з надання інформації у доступному форматі. Зателефонуйте за вказаним вище номером або поговоріть зі своїм постачальником послуг. Ukrainian

LƯU Ý: Nếu bạn nói tiếng Việt, bạn có thể được hỗ trợ ngôn ngữ miễn phí mà không phải chờ đợi lâu. Ngoài ra, các thiết bị hỗ trợ và dịch vụ phù hợp để cung cấp thông tin ở định dạng dễ tiếp cận cũng có sẵn miễn phí và kịp thời. Vui lòng gọi số điện thoại phía trên hoặc trao đổi với nhân viên y tế của bạn. Vietnamese

ÌKÉDE PÀTÀKÌ: Tí o bá leè sọ èdè Yorùbá, àwọn ètò ìrànlówọ́ êdè wà fún ọ ní ọ̀fẹ́ tí kò sì ní ìdènà nínú. Ní àfikún, àwọn ìlànà isẹ̀ âti ohun èlò ìrànlówọ́ tó pé ye wá ní ẹ̀kúnrẹ́rẹ́ láti pèsè àlàyé èyíkéyìí tí o bá nílò ní ọ̀fẹ́ âti ní òrèkóòrè. Jọ̀wọ́,́pe ẹ̀rọ Ìbánisọ̀rọ̀ tó wà lókè tàbí kí o bá aṣojú rẹ̀ sọ̀rọ̀.̀ Yoruba