

Appendix A: CHOICES Benefit Table

✓ = Services are included

CHOICES Caregiver Assistance Services

Service	How it can help you	Group 1	Group 2	Group 3	Limits
Adult Day Care	A place that provides supervised care and activities during the day.		✓	✓	2,080 hours per calendar year (January 1-December 31 each year)
In-Home Respite Care	Someone to stay with you in your home for a short time so your caregiver can have a break. (Only for routine family or other caregivers who aren't paid to support you.)		✓	✓	216 hours per calendar year (January 1-December 31 each year)
Inpatient Respite Care	A short stay in a nursing home or assisted care living facility so your caregiver can have a break. (Only for routine family or other caregivers who aren't paid to support you.)		✓	✓	9 days per calendar year (January 1-December 31 each year)

Community Living Supports

Service	How it can help you	Group 1	Group 2	Group 3	Limits
Community Living Supports	A shared home or apartment where you and no more than 3 other people live. The level of support provided depends on your needs and can include hands-on assistance, supervision, transportation, and other supports needed to remain in the community.		✓	✓	

Service	How it can help you	Group 1	Group 2	Group 3	Limits
Family Model	Support with activities of daily living and other tasks that help you live in the community and engage in community life. Usually in a small, shared living arrangement or with a family who will provide the supports you need. You must pay for your room and board.		✓	✓	

CHOICES Community-Based Residential Alternatives

Service	How it can help you	Group 1	Group 2	Group 3	Limits
Assisted Care Living Facility	A place you live that helps with personal care needs, homemaker services, and taking your medicine. You must pay for your room and board.		✓	✓	1 Unit per Day/ 12 months per year
Critical Adult Care Home	A home where you and no more than 4 other people live with a health care professional that takes care of special health and long-term care needs. Under state law, this is available only for people who are ventilator dependent or who have traumatic brain injury. You must pay for your room and board.		✓	✓	Limited to adults who are ventilator dependent or who have traumatic brain injury.

Service	How it can help you	Group 1	Group 2	Group 3	Limits
Companion Care	Someone you hire who lives with you in your home to help with personal care or homemaker services when you need it.		✓		Available only for Group 2 members in consumer direction who need care throughout the day and night that can't be provided by unpaid caregivers. And only when it costs less than other kinds of home care that would meet your needs. 7 days per week / 24 hours per day OR 5 days per week / 24 hours per day

CHOICES Hands-on Services

Service	How it can help you	Group 1	Group 2	Group 3	Limits
Personal Care Visits	Someone to help you with personal care needs and support in the home, on the job, or in the community. If you need personal care, you can get help with household chores and errands too, but only for you (not other family members).		✓	✓	Visits up to 2,580 hours per calendar year.

Employment Services

Service	How it can help you	Group 1	Group 2	Group 3	Limits
Benefits Counseling	Someone to help you understand how the money you earn from working will impact other benefits you get, including Social Security and TennCare		✓	✓	• Only if you can't get the service through another program • Initial counseling up to 20 hours no more than once every 2 years • Up to 6 more hours no more than 3 times a year to consider a new job, promotion, or self-employment • Up to 8 extra hours 4 times a year to help you stay employed or self-employed
Career Advancement	Services to help you get a better job, earning more money		✓	✓	No more than once every 3 years to get a promotion or second job.
Co-Worker Supports	Paying a co-worker to help you on your job instead of a job coach		✓	✓	Max 40 hours per week; 50 hours per week if employed at least 30 hours in individual integrated employment.
Discovery	Someone to help you identify the kinds of work you want to do, the skills and strengths you will bring to your work, and what you need to be successful. This information can be used to help you write a plan to get a job or start your own business.		✓	✓	No more than once every 3 years and only if you're not employed or getting other employment supports and have a goal to get a job within 12 months.

Service	How it can help you	Group 1	Group 2	Group 3	Limits
Exploration - Individualized Integrated Employment	Helps you decide if you want to work and the kinds of jobs you might like and be really good at by visiting job sites that match your skills and interests. Also helps you (and your family) understand the benefits of working and helps answer your questions about work.		✓	✓	No more than once a year (at least 365 days between services) and only if you're not employed or getting other employment supports and haven't decided if you want to work.
Exploration – Individualized Integrated Self-Employment	Helps you decide if you want to start your own business and the kind of business that would be right for you. Also helps you (and your family) understand the benefits of working and helps answer questions about work.		✓	✓	No more than once a year (at least 365 days between services).
Job Development or Self-Employment Plan	Someone to help you write a plan to get a job (or start your own business)		✓	✓	No more than once every 3 years and only if you're not employed or getting other employment supports and have a goal to get a job within 12 months.
Job Development or Self-Employment Start-Up	Someone to help you carry out your plan to get a job (or start your own business)		✓	✓	No more than once a year (at least 365 days between services) and only if you're not employed or getting other employment supports and have a goal to get a job within 9 months.
Job Coaching	A job coach to support you when you start your job until you can do the job by yourself or with help from coworkers.		✓	✓	Max 40 hours per week.; 50 hours per week if employed at least 30 hours in individual integrated employment.

Service	How it can help you	Group 1	Group 2	Group 3	Limits
Job Coaching for Self-Employment	A job coach to support you when you start your business until you run the business by yourself		✓	✓	Max 40 hours per week.; 50 hours per week if employed at least 30 hours in individual integrated employment.
Situational Observation and Assessment	A chance to try out certain jobs to see what they're like and what you need to do to get ready for those jobs		✓	✓	No more than once every 3 years and only if you're not employed or getting other employment supports and have a goal to get a job within 12 months.
Integrated Employment Path Services	Time-limited trainings to get you ready for work in the community		✓	✓	• Up to 12 months; may get up to 12 more months if actively working to get a job • Up to 30 hours per week

CHOICES Additional Services

Services	How it can help you	Group 1	Group 2	Group 3	Limits
Assistive Technology	Certain low-cost items or devices that help you do things easier or safer in your home like grabbers to reach things.		✓	✓	Up to \$900 per calendar year (January 1-December 31 each year).
Minor Home Modification	Changes to your home that will help you get around more easily and safely like grab bars or a wheelchair ramp.		✓	✓	\$6,000 per project; \$10,000 per calendar year (January 1-December 31 each year); and \$20,000 per lifetime (Not counted as part of overall service limit for CHOICES 3 members.)

Services	How it can help you	Group 1	Group 2	Group 3	Limits
Personal Emergency Response System	A call button you can use to get help in an emergency.		✓	✓	1 unit (installation) / 12 months per year (monthly fee)
Pest Control	Spraying your home to take care of an infestation such as for bugs or mice.		✓	✓	9 visits per calendar year (January 1-December 31 each year)
Home Delivered Meals	Nutritious meals that can be delivered fresh each day or frozen in bulk.		✓	✓	1 meal per day
Enabling Technology	Various forms of devices and technology to support independent living such as sensors, mobile applications, remote support systems and other smart devices.		✓	✓	Up to \$5,000 per calendar year.
Community Transportation	Helps you get to work or to other places in the community when public transportation isn't available, and you don't have any other way to get there.		✓	✓	Up to \$225 per month if you get this service through consumer direction. Cost should be determined prior to authorization and the lesser of the two expenses must be used.

CHOICES Nursing Home Care

Services	How it can help you	Group 1	Group 2	Group 3	Limits
Nursing Home Care	A nursing home is a place that provides a room, meals, and help with activities of daily living. Most people in a nursing home have physical and/or mental health challenges that keep them from living on their own.	✓	✓ Short-term Only	✓ Short-term Only	For Group 2 and 3 members, limited to no more than 90 days, but only if the person is getting home care first, qualifies for nursing home care, and expects to only need a short stay.

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